



# KINDERGARTEN

## Farm to School Lesson

<b>Topic:</b>	Local Food System—Local Food (suggested month: <b>March</b> )
<b>Monthly Essential Question:</b>	How does our food get to our lunch trays?
<b>Content Areas Addressed:</b>	Ecology/Environment, Agriculture, Science

### Standards Addressed:

- With prompting and support, ask and answer questions about key details in a text. (CCSS.ELA-LITERACY.RL.K.1)
- With prompting and support, retell familiar stories, including key details. (CCSS.ELA-LITERACY.RL.K.2)
- With prompting and support, identify characters, settings, and major events in a story. (CCSS.ELA-LITERACY.RL.K.3)
- Add drawings or other visual displays to descriptions as desired to provide additional detail. (CCSS.ELA-LITERACY.SL.K.5)

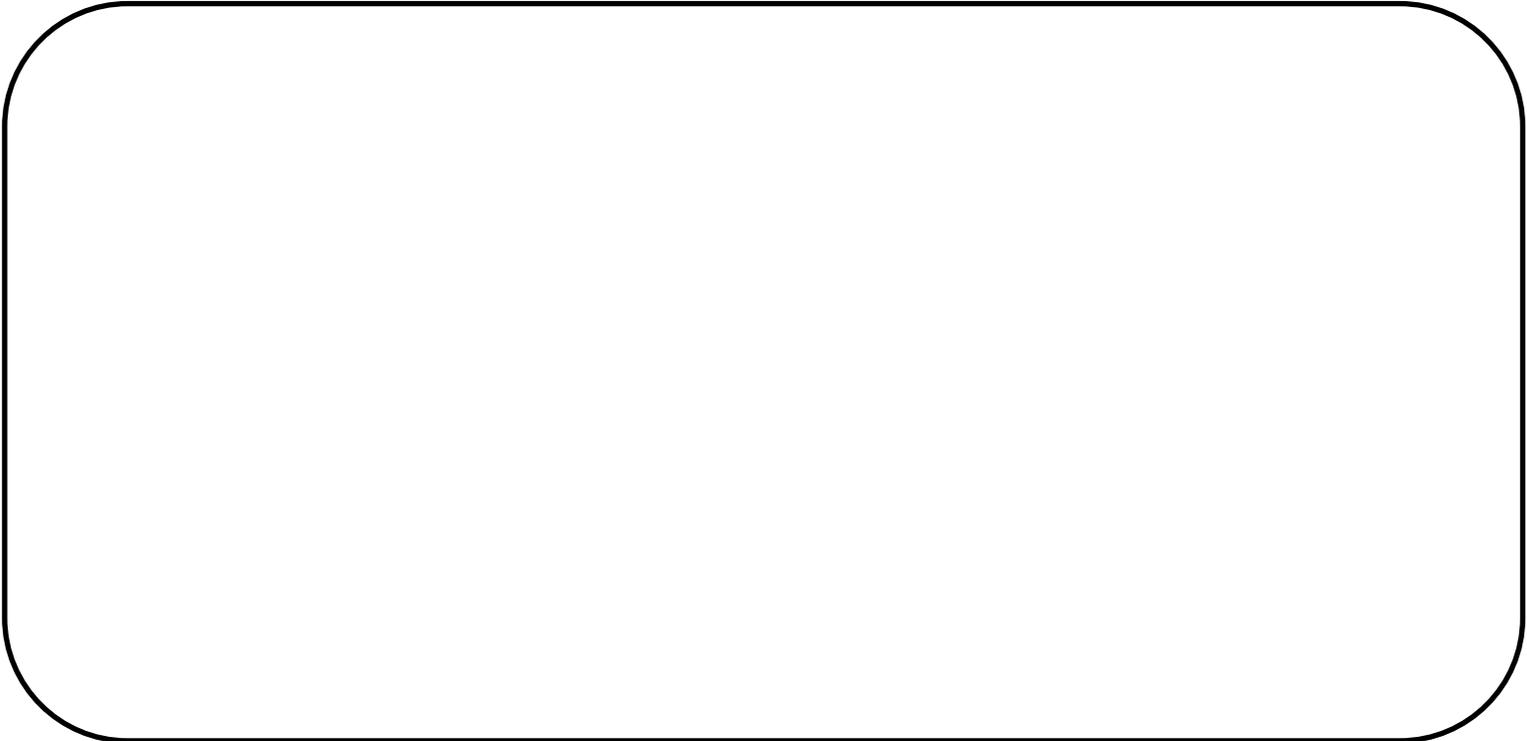
<b>Key Terms:</b> ingredients	<b>Materials Needed:</b> Local Food PowerPoint “Farmer”— coloring page Crayons/colored pencils/markers Sampling food and supplies
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**Introduction: (5 min)** \*Introduce the essential question—“How does our food get to our lunch trays? Every day the cooks in the school kitchen make lunch. But where do they get the food to make it?” Where do our families and schools get food? Choose a few students to share answers “We get our food from stores, gardens or farmer’s markets. Stores get their food from farmers.”

**Development: (20 min)** “The cooks in the school kitchen want to make delicious soup for your lunch. Let’s look at where the ingredients come from. What goes into vegetable soup? “ Call on a few students to give answers. “Before the cooks in your school kitchen can make soup, crops have to be planted, harvested and processed. Let’s look at carrots and onions: First, the seeds are planted. Then the crop needs water and sunlight to grow. The farmer harvests the carrots and onions and delivers them to school. They are washed, peeled and diced. Then they are packaged and frozen. Now the cooks can make the soup with carrots, onions and other vegetables. The soup is then served on your lunch tray. “Let’s watch a video about where our food comes from.” Ask the students what they liked about the video. Revisit the essential question — How does our food get to our lunch tray? Explain the coloring sheet. “On the coloring sheet, you can draw vegetable soup and anything else you would like to eat with your lunch. You can color in the fresh fruits and vegetables growing in the garden at the bottom of the page. Explain “Polite Bite” (eat at least one bite and only say polite things). Go through some examples of things they could say if they do or do not like the foods. Identify where the samples came from (farm, WI, etc.).

**Sampling & Closure: (5 min)** Once students are at tables, pass out coloring sheet and give directions again. Conduct local fruit or veggie tasting.

Draw vegetable soup and other lunch foods



Color the Fresh Fruits and Vegetables

